



Daventry AAC - Newsletter – April 2010

INTRODUCTION

Welcome to a new season with Daventry Athletics Club. This newsletter will be coming out throughout the season to provide you with news and information about the club, competitions, athletes etc.

LEAGUE FIXTURED (Current)

Day	Date	Competition	Location
Sunday	2 nd May	Young Athletes League (1)	Corby
Sunday	2 nd May	Midland League (1)	Nottingham
Saturday	8 th May	County Championship	Corby
Sunday	9 th May	County Championship	Corby
Sunday	16 th May	Young Athletes League (2)	Tamworth
Saturday	5 th June	Hearth of England League (1)	Tipton
Sunday	6 th June	Midland League (2)	Telford
Sunday	20 th June	Young Athletes League (3)	Dudley
Saturday	3 rd July	Midland League (3)	Abingdon
Sunday	11 th July	Heart of England League (2)	Redditch
Sunday	18 th July	Young Athletes League (4)	Sutton Cold field
Sunday	1 st August	Midland League (4)	Tamworth
Saturday	4 th September	Hearth of England League (3)	Leamington

POWER OF 10 - <http://www.thepowerof10.info/> your site for benchmarking your results

All your results you achieve in competitions will be posted on Power of 10 website, and you can check your ranking across your region Midlands, and nationally. Competitors, clubs and coaches have been inspired to achieve the targets set and drive up standards as a result. Power of ten reward programme has recognized these improvements made by 1000's of coaches and athletes over the last 2 seasons.

AAA STANDARDS SCHEME – Our way of rewarding the progress of our athletes

As an encouragement to our competing athletes we are awarding AAA standards certificate if they reach certain standard. The standards are graded from 1 (highest) to 4. In addition to getting a certificate every time you reach a new grade, you also have the option to send for a Grade Badge. Badges cost £2.00 plus self-addressed stamped envelope. If you want more details contact Jan and the grades overview will also be posted in the club-hut.

ANNUAL MEMBERSHIP IS NOW DUE

The club is self-financing and run entirely by volunteers. To cover costs for insurance, property, equipment, meetings etc. we levy a small charge. The annual membership is due April each year. The cost of membership is: Junior (year 3-5) £6.00, Junior (year 6 to leaving full time education) £9.00. Senior £15.00 and family membership £25.00.



Daventry Athletic Club has achieved Clubmark status
Clubmark is the mark of high quality junior clubs in Great Britain.



WANT TO BECOME A COACH?

We are always looking for new coaches, so if you are interested on going on to a level 1 coaching course, please contact Jan Aarre, Club Coach Coordinator for further details.

WANT TO COMPETE FOR THE CLUB AS A SENIOR?

We would like to invite anyone who is thinking about competing for the club to come forward. As we are encouraging our young athletes to compete, let's dust off them spike shoes or pick up the shot in one of our Midland League matches as a senior male/female. Every point counts so if you are interested or just want to know more contact Barry Fenn.

ASSISTANCE REQUIRED - during training and league matches

We are always in need of volunteers who can assist the coaches during our training sessions with measurement, raking in long jump, help in hurdles etc. So if you can spare the time contact one of the coaches before the sessions

Also during our league meetings we are also as a club required to provide officials, and you don't need to be qualified to assist with raking in sand pit, writing results, measuring. Any help is greatly appreciated as we also get club points for assisting with officiating.

TRAINING TIMES AND CHOACH CONTACT LIST

Tuesday evening	7.00 – 8.30pm	Year 6 and over
Thursday evening	6.30 – 8.00pm	Year 3 to Year 8
Thursday evening	7.00 – 8.30pm	Year 9 and above

Name	Category	Level	Contact	Email
Roy Fenn	Advisory (retired)	4		
Barry Fenn	Young athletes (all categories)	2	01327 879 651	barryfenn@aol.com
Diane Clarke	Long jump/triple jump	2	01327 879 140	diane979@btinternet.com
Jan Aarre	Throws (Discus/Shot/Hammer)	2	01327 877 492	janaarre@hotmail.com
John Pedelty	Throws (Javelin/Hammer)	2		
Trish Thorp	Middle distance/ sprints	2		
Dave Burridge	Sprints & hurdles	2		
Job King	Middle distance	2		
Julie Hutt	High jump/hurdles	1		
Ben Jones	Middle distance	1		
Rhonda Szikora	Assistant Coach	1		
Jane Kalym	Assistant Coach	1		
Richard Bolam	Assistant Coach	1		
Stuart Hobbs	Assistant Coach	1		
Lesley Ford	Assistant Coach	1		
Diane Clarke	Child Protection Officer	n/a		



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