



## Daventry AAC - Newsletter – October 2010

**Introduction** - We have come to the end of the season and it has been a fantastic year with some outstanding results. We have managed 73 AAA Grading's which is a new club record – 9 grade 1, 8 grade 2, 16 grade 3 and 41 grade 4 (please check with Jan about your grading status and certificate if you do not already have one!). As the season has finished we would like to say a big thank you to the athletes, coaches, parents and helpers for their contribution to the club.

**Winter Training Times** - Indoor Conditioning Training – for athletes in Year 8 and above; 6:00 – 8:00 pm at Daventry William Parker School, Monday's. Indoor Circuit Training – for athletes in Year 3 to 8; 6:30 – 7:30 pm at Daventry William Parker School, Thursday's. Outdoor Training – for athletes in Year 7 and above; 7:00 – 8:30 pm at Stefen Hill Sports Centre, Thursday's.

**Prize Draw & Family Fun Day - Saturday 17th July** - A big thank you to the family & friends of athletics who supported our prize draw & Fun day both by providing some lovely prizes & also buying tickets. A total of £638 was raised from ticket sales with the winning ticket being drawn at the Fun day. We hope those who came along enjoyed the afternoon's activities which included a bungee run, bouncy castle, games & a BBQ. As mentioned in the May newsletter, all proceeds from the draw will be going towards the next project for upgrading facilities at the track.

**Club thanks Daventry Town Council for the contribution of funds to new equipment.** – The Club would like to thank the Daventry Town Council and Daventry District Council for the contribution of funds to mini-hurdles, ladder, high-jump bars, discus ball and line marker. Our next project is to assess feasibility of re-surfacing the track and upgrading the facilities (watch this space).



**How did we do in the league (6<sup>th</sup> in all the 3 leagues)?** – In the Senior Midland League Division 7 we came 6<sup>th</sup> with 14 points. Abingdon won with 30 points, followed by Harborough on 25 points. (We finished 2<sup>nd</sup> in the Men's competition). In the Young Athletes League Midland 1 North East we came 6<sup>th</sup> with 1,155 points. Nene Valley came first with 2,183.5 points followed by Leicester with 1,918 points. In the Heart of England League Division 2, we came 6<sup>th</sup> with 11.5 points. Halesowen came first with 23.5 followed by Bromsgrove & Redditch with 21 points.



Daventry Athletic Club has achieved Clubmark status  
Clubmark is the mark of high quality junior clubs in Great Britain.



# Daventry Amateur Athletic Club Stefen Hill Sports Ground Daventry

## Individual great achievements and performances (since last newsletter)

Midland Counties AA Championships	County Schools Championships	School Inter Counties Multi Event match
Michael Fenn – 2 <sup>nd</sup> U/20 Men Long J. Sam Meyler – 2 <sup>nd</sup> U/15 Boys Long J. Sam Meyler – 3 <sup>rd</sup> U/15 Boys 80mH	Keiran Russ – 1 <sup>st</sup> JB 80m Hurdles & Javelin Niklas Aarre – 1 <sup>st</sup> Junior Boy Discus Sam Meyler – 1 <sup>st</sup> Junior Boy Long Jump Georgia Webster – 1 <sup>st</sup> JG 75m Hurdles	JB Pentathlon – Keiran Russ 1 <sup>st</sup> , Sam Meyler 2 <sup>nd</sup> , Matt Clarke 5th. Northants team of Keiran Russ, Sam Meyler & Matt Clarke – 1st JB Pentathlon.

England Multi Event Championships	School Inter Counties Match (Mason Trophy)	English Schools Multi Event Championships
Keiran Russ – 1 <sup>st</sup> in Pentathlon in Midland Counties & 3rd in England	Niklas Aarre – 1 <sup>st</sup> Junior Boy Discus Sam Meyler – 2 <sup>nd</sup> Junior Boy Long Jump Keiran Russ – 5 <sup>th</sup> Junior Boy 80m Hurdles Georgia Webster – 8 <sup>th</sup> JG 75m Hurdles	Northants team of Keiran Russ, Sam Meyler & Matt Clarke – 1st JB Pentathlon. Keiran Russ selected to represent England in Home International in Glasgow in December.

UKA U/15 Championships	English Schools Track & Field Championships	New Club records set during 2010
4 athletes qualified & competed: Sam Meyler – 6 <sup>th</sup> Boys Long Jump Niklas Aarre – 8 <sup>th</sup> Boys Discus Keiran Russ – 80m Hurdles Matt Clarke – 80m Hurdles	3 qualifiers from the Club: Niklas Aarre – 5 <sup>th</sup> Junior Boy Discus Sam Meyler – 7 <sup>th</sup> Junior Boy Long Jump Keiran Russ – Junior Boy 80m Hurdles	U15 Boys 80m Hurdles – Keiran Russ 11.85 sec U15 Boys Shot – Keiran Russ 11.73m U15 Boys Pentathlon – Keiran Russ 2682 points U15 Boys 4 x 100m Relay – Keiran Russ, Matt Clarke, Jake Fuller, Sam Meyler 49.7 sec



**3 Athletes Ranked in Top 20 in the Country.** Kieran Russ Pentathlon (5<sup>th</sup>), Sam Meyler Pentathlon (10<sup>th</sup>) and Niklas Aarre Discus (11<sup>th</sup>).

## Fresh Hot off the Press – Presentation Evening Award Winners 2010



U/11's	Overall Awards
Girl – Katie Print Boy – Joe Stewart	Female sprinter – Georgia Webster Male sprinter – Keiran Russ Female middle distance – Angelia Cooney
U/13 Girls	Male middle distance – Keiran Russ Female thrower – Georgia Webster Male thrower – Niklas Aarre Female jumper – Abbie Barns Male jumper – Michael Fenn/Sam Meyler Most improved athlete – Matt Clarke
U/13 Boys	Best newcomer – Lydia Williams Club person – Keiran Russ
Sprinter – Connor Aldridge Middle Distance – Jack Bond Jumper – Jack Bond Thrower – Nathan Young	<b>40 Five Star Award Certificates</b> <b>73 AAA standards achieved (a new record)</b>



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