

## Senior Mens Club Records



Daventry Amateur Athletic Club  
Stefen Hill Sports Ground  
Daventry

<b>Event</b>	<b>Record</b>	<b>Athlete(s)</b>	<b>Date Set</b>	<b>Venue</b>
100m	10.6	Martin Davies	08.05.1977	Bedford
	10.37w	Courtney Rumbolt	25.06.1988	Stoke
200m	21.9	Martin Davies	22.05.1977	Warley
	21.9	Martin Davies	05.07.1978	Birmingham
400m	49.2	Martin Davies	26.08.1978	Leicester
800m	1.52.27	Matthew Clarke	23.06.1991	Solihull
1500m	3.53.8	Steve Marshall	24.06.1987	Meadowbank
3000m	8.31.1	Steve Marshall	19.08.1987	Coventry
5000m	15.53.0	Ken McClaren	12.07.1981	Northampton
10000m	33.11.5	Job King	06.09.2001	Northampton
Marathon	2.37.07	Job King	22.04.2001	London
110m Hurdles	17.2	Nick Morrice	15.07.1978	Sutton Coldfield
400m Hurdles	55.9	Peter Aldridge	16.06.1990	Corby
2000m S/C	6.19.4	Ciaran McGuire	18.07.1992	Cannock
3000m S/C	9.50.8	Job King	05.06.2004	Corby
High Jump	2.05	Chris Trotman	16.06.1990	Corby
Long Jump	7.26	Richard Haycock	05.05.1980	Kirby
	7.26	Richard Haycock	14.05.1980	Loughborough
Triple Jump	14.25	Dave Ingram	25.06.1985	Lincoln
Pole Vault	3.450	Tom Abdy	05.07.2009	Telford
Shot	14.43	Dave Baker	17.07.1972	Corby
Discus	44.40	Dave Baker	09.05.1972	Bedford
Javelin	62.70	Carl Simmons	02.06.1984	Wolverhampton
Hammer	39.60	Jon Plews	13.06.1987	Corby
4x100m Relay	44.40	Ashley Riley Peter Aldridge Jonathan Palmer Courtney Rumbolt	09.07.1989	Mansfield
4x400m Relay	3.34.9	Ben Jones Gary Hutt Andrew Fenn Matthew Clarke	05.06.2004	Corby