

## Senior Womens Club Records



Daventry Amateur Athletic Club  
 Stefen Hill Sports Ground  
 Daventry

<b>Event</b>	<b>Record</b>	<b>Athlete(s)</b>	<b>Date Set</b>	<b>Venue</b>
100m	12.3	Rachel Tear	15.05.1988	Corby
200m	25.7	Julie Holdgate	06.07.1976	Nuneaton
	25.7	Helen James	16.06.1985	Leicester
400m	57.7	Claire Raven	16.08.1987	Loughborough
800m	2.10.4	Claire Raven	19.08.1987	Coventry
1500m	4.34.4	Fiona Mobbs	13.07.1985	Hull
3000m	9.56.0	Lisa Hornby	17.06.1989	Birmingham
3000m Walk	15.49.8	Kay Moran	27.04.1974	Leamington
100m Hurdles	16.3	Celia Beeden	03.09.1983	Leicester
	16.3	Joanne Mobbs	14.05.1988	Corby
400m Hurdles	64.9	Joanne Mobbs	14.05.1998	Corby
High Jump	1.63	Celia Beeden	19.05.1979	Oundle
Long Jump	6.04	Diane Fenn	28.08.1983	Tamworth
Triple Jump	9.91	Ina Smith	03.08.2003	Cosford
Shot	11.69	Louise King	12.06.1982	Daventry
Discus	34.46	Ruth Marshall	??.??.1993	Leicester
Javelin	34.64	Shelley Flynn	07.09.1991	Leicester
Hammer	28.20	Vicky Lewis	02.05.1999	B'ham University
4x100m Relay	50.43	Rachel Tear Helen James Joanne Cripps Jane Sargent	04.05.1985	Birmingham
4x400m Relay	4.17.4	Fiona Mobbs Jane Sargent Lisa Hornby Julie Clarke	01.06.1986	Stoke